



Dear Delegate,

It gives me great pleasure to welcome you to our 3rd Practice Nurse Clinical Education conference to be held in Melbourne. Over the three years we have run this program we have seen the role of the practice nurse expand to cover more and more areas of general practice, and this year's conference program is a reflection of this change. Thank you to the APNA for providing a high quality program, offering clinical and practical up-skilling seminars as well as smaller practical breakout sessions.

The focus for the PNCE is to assist you in up-skilling your clinical knowledge and to provide you with a valuable opportunity to network with your peers.

I look forward to seeing you at this year's Melbourne PNCE.

Nicola Gunstone Director Healthcare - Reed Medical Education



APNA WELCOME

It gives me great pleasure to introduce to you the Melbourne 2007 Practice Nurse Clinical Education (PNCE) program. This is the third time the Australian Practice Nurses Association has been involved with PNCE and by designing a program specifically for Practice Nurses we aim to provide delegates with a wide variety of topics relevant to you and your General Practice. The program offers clinical, practical and professional sessions on the most contemporary practice nursing issues. The Australian Practice Nurses Association encourages you to attend this exciting and popular program and to take the opportunity to network with your colleagues from the nursing and primary health care industry. We thank you for your support and look forward to seeing you in November at PNCE Melbourne 2007.

Belinda Caldwell Executive Officer – Australian Practice Nurses Association



Practice Nurse Clinical Education Conference Program

SATURDAY 17th November

Session	Program
	REGISTRATION 8.00AM
6	8.45 – 9.45AM
	S6C Mental Health First Aid
	W6NA Sterilisation for Accreditation in GP
	W6NB Diabetes Management
	W6NC Practice nurses working with GPs in chronic disease management
	W6ND Travel Health
	MORNING TEA 9.30 – 10.30AM
7	10.30 – 11.30AM
	S7C Understanding the MBS
	W7NA Managing the Patient with Hepatitis C
	W7NB Substance abuse
	W7NC Sports Injury Strapping
	W7ND Travel Health
8	12.00 – 1.00PM
	S8C Acute Wounds – tears, cuts, abrasions and minor burns
	W8NA Sexual Health – Contraceptive Update
	W8NB Practice Nurses and the RACGP Red Book – guidelines for prevention
	W8NC Undertaking an Effective Mini-Mental
	W8ND ECG Interpretation
	LUNCH 12.00 – 2.00PM
9	1.45 – 2.45PM
	S9C Chronic Wounds – Venous Leg Ulcers and the Diabetic Foot
	W9NA Practice Nurses and the RACGP Green Book – implementation guide
	W9NB Managing Vomiting and Diarrhoea in Children
	W9NC Setting up a Diabetes Clinic
	W9ND ECG Interpretation
	AFTERNOON TEA 3.00 – 3.45PM
10	3.30 – 4.30PM
	S10C Weight Management and Reduction
	W10NA How to use Clinical Guidelines. What are they and where do you find them?
	W10NB Childhood Immunisation Update
	W10NC Policies and Procedures
	W10ND ECG Interpretation

SUNDAY 18th November

Session	Program
	REGISTRATION 8.00AM
11	8.45 – 9.45AM
	S11C Legal Issues and Professional Indemnity
	W11NA Men's Reproductive Health
	W11NB Exercise Physiologists – who are they and what can they do
	W11NC Chronic Kidney Disease and the Chronic Disease Item Number
	W11ND Triage
	MORNING TEA 9.30 – 10.30AM
12	10.15 – 11.15AM
	S12C Understanding your Scope of Practice
	W12NA Patient Safety and Avoiding Near Misses
	W12NB Plaster Workshop
	W12NC Cervical Screening and HPV Update
	W12ND Practice Based Research Networks – getting started in research
13	12.00 – 1.00PM
	S13C Wound Exudate and the Role of Dressings
	W13NA Understanding your Role in Preventing Disease Outbreaks
	W13NB Allergy Management
	W13NC Sports Injury Strapping
	W13ND Spirometry
	LUNCH 12.00 – 2.00PM
14	1.45 – 2.45PM
	S14C Negotiation Skills
	W14NA Importance of Continuing Professional Development
	W14NB Understanding the RACGP 3rd Edition Standards
	W14NC Foot Check and Assessment
	W14ND Spirometry
	AFTERNOON TEA 2.45 – 3.30PM
15	3.00 – 4.00PM
	S15C Preservation of Fertility
	W15NA Streamlining Accreditation – a demonstration of AccreditationPro
	W15NB IT Management – Medical Director, How to for PN's
	W15NC Postnatal Depression
	W15ND APNA Salary and Conditions

Session Synopses

SATURDAY SEMINARS

S6C Mental Health First Aid

Identification of acute mental health emergencies in general practice and how to assess and refer patients at risk.

S7C Understanding the MBS

Learn what the practice nurse needs to know in order to meet MBS requirements.

S8C Acute Wounds – tears, cuts, abrasions & minor burns

The management of the most common acute wounds presenting in general practice. [ConvaTec](#)

S9C Chronic Wounds – venous leg ulcers and the diabetic foot

Management of chronic wounds and venous leg ulcers and diabetic foot ulcers. [ConvaTec](#)

S10C Weight Management and Reduction

Learn strategies for assisting patients wishing to lose weight healthily.

SUNDAY SEMINARS

S11C Legal Issues and Professional Indemnity

Professional indemnity and legal issues are an area of uncertainty for practice nurses. Nurses face a range of legal issues in general practice such as documentation, duty of care, consent and accepting medical orders. Understand the issues and plan your professional protection.

S12C Understanding your Scope of Practice

Do you understand your scope of practice? Understanding your scope of practice is critical in the current environment of the rapidly expanding role of the practice nurse. Learn about simple tools for determining your scope of practice.

S13C Wound Exudate and the Role of Dressings

A summary of research evidence on the best way to manage wound exudate. [ConvaTec](#)

S14C Negotiation Skills

Improve your confidence and skills at negotiating within your workplace, learn how to proceed and succeed.

S15C Preservation of Fertility

Currently one in every 35 births in Australia is the result of fertility treatment, however fertility preservation and protection can reduce the barriers to conception when men and women wish to have children. How these issues can be dealt with in general practice will be discussed. [Fertility First](#)

WORKSHOPS

Sterilisation for Accreditation in General Practice

AGPAL will discuss sterilisation and what is required for accreditation against the RACGP Standards for GP 3rd edition. The session will explore what practices need to demonstrate for accreditation and how sterilisation is assessed. It will also highlight how you can easily access resources designed specifically to guide and support you through accreditation against the RACGP Standards for GP 3rd edition. [Session 6 Visiomed](#)

Diabetes Management

Preventing pre-diabetes, type 2 diabetes and other metabolic disorders. Understand the role of lifestyle advice, diet, assessment and medication in diabetes management. [Session 6 Lilly Diabetes](#)

PNs working with GPs in Chronic Disease Management

This workshop will demonstrate practical strategies to engage PNs to work with GPs to better improve patient outcomes in chronic disease management in GP. [Session 6](#)

Travel Health

Travel Health

Learn principles of pre-travel health care requirements. This session includes common infectious diseases encountered when travelling, such as mosquito and 'Bali Belly'. Learn the appropriate nursing measures that can be taken to prevent such illnesses. [Sessions 6, 7](#)

Managing the Patient with Hepatitis C

Hepatitis C testing, management and referral options will be discussed in this session using the DHS Hepatitis C quick reference chart. [Session 7](#)

Substance Abuse

Hear about the extent of substance use in the community which you may be likely to encounter. Follow up with an overview about dealing with substance use and abuse including information on addiction, binge drinking, smoking habits, the National Alcohol Campaign, drug dependency, and factors leading to potential future drug problems. [Session 7](#)

Sports Injury Strapping

A hands on session covering approaches to strapping common sports injuries. [Sessions 7, 13](#)

Sexual Health – Contraceptive Update

Learn about the latest in contraception. [Session 8](#)

Practice Nurses and the RACGP Red Book – guidelines for prevention

These guidelines are designed to be used in a number of ways, all of which can be useful in day-to-day GP. Identifying who is most at risk and for whom screening or preventive care is most appropriate, a refresher to check latest recommendations, a reminder to check at a glance which preventive activities should be performed in various age groups and how often and a check list of preventive activities used according to an individual patient's health profile. [Session 8](#)

Undertaking an Effective Mini-Mental

Understanding the Mini-Mental as a diagnostic tool. [Session 8](#)

ECG Interpretation

Learn what an ECG tells you by interpreting the results. When do you need to be concerned? [Sessions 8, 9, 10](#)

Practice Nurses and the RACGP Green Book – implementation guide

This resource draws on international and Australian experience and evidence to deliver a 'go to' guide for gp on the best strategies for the delivery of preventive care. [Session 9](#)

Managing Vomiting and Diarrhoea in Children

Assessing and preventing dehydration in children. [Session 9 Hydralyte](#)

Setting up a Diabetes Clinic

Learn practical tips on how to set up a diabetes clinic in your practice. [Session 9 Lilly Diabetes](#)

How to use Clinical Guidelines. What are they and where do you find them?

Increasingly nurses will be required to understand and implement clinical guidelines in their everyday work. Do you know where to locate them, which ones are relevant and/or best practice? [Session 10](#)

Childhood Immunisation Update

Update on immunisation issues, new vaccines and changes to the schedule or handbook. [Session 10](#)

Policies and Procedures

Practical workshop to provide skills in developing policies and procedures for clinical activities undertaken in the practice. [Session 10](#)

Men's Reproductive Health

Overview of the basic knowledge and core skills in the detection and management of a range of common disorders in the area of male reproductive health. [Session 11](#)

Exercise physiologists – who are they and what can they do?

Exercise physiologists are one of the allied health providers who can be referred to for patients on Team Care Arrangements. Who are they, what are their qualifications and what can they offer your patients. [Session 11](#)

Chronic Kidney Disease and the Chronic Disease Item number

Learn what the practice nurse needs to know in order to meet MBS requirements. [Session 11](#)

Triage

The principles of effective triage. A team approach to the identification and management of prioritising the medical needs of patients. [Session 11](#)

Patient Safety and Avoiding Near Misses

Creating a constructive culture that delivers improvements in patient safety is critical to reducing medical errors in general practice – discover how to identify, prevent and manage medical error with the focus on 'near misses'. [Session 12](#)

Plaster Workshop

A popular hands on session on applying and removing plaster casts. Be prepared to roll up your sleeves. [Session 12](#)

Cervical Screening and HPV update

Understanding cervical screening. Who do you need to screen, how often and overcoming the barriers. What is HPV and the implications of vaccination. [Session 12](#)

Practice Based Research Networks – getting started in research

Scared of research and feel it is irrelevant to your daily practice? Learn about strategies for engaging with research in a relevant and accessible manner. [Session 12](#)

Understanding your Role in Preventing Disease Outbreaks

Focusing on pandemic influenza, this session will explore the role of general practice and practice nurses in pandemic preparedness. [Session 13](#)

Allergy Management

Allergy management in general practice – who should be tested, how to go about testing and is nurse led allergy testing viable in general practice? [Session 13](#)

Spirometry

Learn the basics for performing spirometry and interpreting the results. [Sessions 13, 14](#)

Importance of Continuing Professional Development

Engaging in a CPD program for PNs, the aims, the benefits, and the know how. Understanding the role of CPD in being a recognised professional, meeting regulatory requirements and presenting your portfolio. [Session 14](#)

Understanding the RACGP 3rd Edition Standards

From the 1st January 2007 all practices undergoing accreditation are now assessed against the RACGP Standards for GP 3rd edition. During this session AGPAL will discuss the new aspects of the 3rd edition standards and some key areas to be aware of to help you prepare for accreditation. A look at how you can easily access resources designed specifically to guide and support you through accreditation against the RACGP Standards for GP 3rd edition. [Session 14](#)

Foot Check and Assessment

A key aspect of best practice care for diabetes and related to other conditions. Checking feet and assessing for abnormalities is a key role for practice nurses. [Session 14](#)

Streamlining Accreditation – a demonstration of AccreditationPro

AGPAL's accreditation process is now completely electronic from the practice self assessment to the survey visit. AccreditationPro has streamlined accreditation by reducing the turnaround time on reports, assisting users understand and interpret the relevant standards and has improved the consistency of assessment and data collection by surveyors. Come and see how AccreditationPro can enable practices to easily prepare for accreditation and streamline the quality improvement process. [Session 15](#)

IT Management – Medical Director, How to for PN's

It is one thing to know what Medical Director is, and another to know how to use it! This session will provide technical tips on understanding the software, its uses, how to access it, and how to gain the maximum benefits from it. At last, an opportunity exists for PNs not only to know what "Medical Director" stands for but also to know how to use it. [Session 15 Health Communication Network](#)

Postnatal Depression

Understand the causes, symptoms and management of postnatal depression and how you can assist in identifying patients with postnatal depression and their access to appropriate services. [Session 15](#)

APNA Salary & Conditions

The APNA conducts a national practice nurse salary and conditions survey each year. The session is an opportunity to learn about the current salaries and trends occurring in practice nursing. [Session 15](#)

REGISTRATION FEES

	Member	Non-member
1 Day without lunch	\$195.00	\$217.00
1 Day with lunch	\$216.00	\$240.00
2 Day without lunch	\$349.00	\$388.00
2 Day with lunch	\$383.00	\$426.00

How to Register for PNCE

Please visit www.pnce.com.au/melbourne and click on 'registration'.

Alternatively, please call **02 9422 2941** to register over the phone.

Online registration code: **W E B**