



# BRISBANE PNCE

Primary Care

Practice Nurse Clinical Education

## Registration Brochure

**22–23 February 2008**

Royal Brisbane & Women's Hospital

**BOOK EARLY  
TO GET YOUR FIRST  
CHOICE OF SESSIONS**

#### KEY SPONSORS



# Why attend PNCE?

## Testimonials

*"Fantastic weekend overall – I will encourage other practice nurses in my practice to attend next year."*

*"Thank you for a very educational and enjoyable day."*

*"A very balanced and educational series of topics. I would attend again next year. It was great to see the majority of speakers were nurses!"*

- > Receive education specifically geared towards practice nurses across a wide range of clinical and professional issues that you face in your day-to-day practice
- > Hear from over 20 different speakers, all experts in their chosen field, many of whom are themselves practice nurses
- > Meet and interact with your fellow practice nurses from all over Queensland and surrounding areas
- > Receive up to 10 CNE points from the Royal College of Nursing for attending the 2 days of the conference
- > View the latest products and technology on offer from our conference sponsors



### DEAR DELEGATE,

It gives me great pleasure to welcome you to the 2nd PNCE (Practice Nurse Clinical Education) to be held in Brisbane. Reed Medical Education is dedicated to bringing the best research and clinical practice to professionals within the medical community in an unbiased environment. Our goal is to deliver independent medical and health events focusing on areas where there is the greatest need for continuing medical education and where medical disciplines intersect. Thankyou to the APNA for assisting us in providing the high quality programme which has been researched with your peers. Practice nurses are an integral part of the primary care team, both in terms of providing patient care and contributing to practice profitability. The PNCE, has grown out of the ever-increasing importance of the practice nurse and your contribution to general practice. PNCE aims to educate, update and refresh you across key clinical areas applied in day-to-day primary care. It also provides a forum in which you can network and discuss issues which are specifically and currently relevant to nursing in general practice in Australia. I look forward to welcoming you once again in Brisbane!

**Nicola Gunstone** Director Healthcare  
Reed Medical Education



### APNA WELCOME

The Australian Practice Nurses association is pleased to be involved with the second Brisbane Practice Nurse Clinical Education Conference. PNCE brings together an education program designed specifically for practice nurses with a wealth of information on the most contemporary practice nursing issues. This year we have introduced several new streams to the program including family health and preventative health. We encourage you to participate in areas of the program that are most relevant to you and your general practice setting. By participating in PNCE you are taking the opportunity to further your knowledge and ability in practice nursing. We look forward to seeing you in February at the 2008 Brisbane PNCE.

**Belinda Caldwell** Executive Officer  
Australian Practice Nurses Association



	DAY 1	DAY 2
8.30 – 9.00	REGISTRATION	REGISTRATION
9.00 – 10.00	Keynote Session Role of the Practice Nurse	Keynote Session Weight Management & Reduction
10.00 – 10.20	MORNING TEA	MORNING TEA
10.20 – 12.20	Stream 1A Diabetes Stream 1B Practical Stream 1C Family Health	OR OR
		Stream 2A Wound Management Stream 2B Mental Health Stream 2C Preventative Health
12.20 – 1.20	LUNCH	LUNCH
1.20 – 2.20	Sterilisation Hearing test for the over 50's ECG Interpretation	OR OR
		Immunisation Managing Vomiting & Diarrhoea in Children Understanding MBS
2.30 – 3.30	IT Management Spirometry Management of Chronic Pain	OR OR
		Pathology Interpretation Legal Issues APNA Salary & Conditions
3.30 – 4.00	AFTERNOON TEA	AFTERNOON TEA
4.00 – 5.00	Keynote Session Foot Check & Assessment	Keynote Session GP Management Plans

## >>> PNCE PROGRAM

# Session Synopses

## KEYNOTE SESSIONS

### Keynote Session 1: Role of the Practice Nurse

The role of the practice nurse in Australia and overseas is evolving rapidly and in diverse directions. Hear where the role has come from, current innovative models and where the future may lie.

### Keynote Session 2: Foot Check & Assessment

An important aspect of best practice care for diabetes and related to other conditions; checking feet and assessing abnormalities is a key role for practice nurses.

### Keynote Session 3: Weight Management & Reduction

Learn strategies for assisting patients wishing to lose weight healthily.

### Keynote Session 4: GP Management Plans

Learn about the practice nurse role in preparing GP Management Plans according to MBS requirements, models of assisting the GP in preparing and potential roles for practice nurses in managing chronic diseases between plans.

**Post-natal depression** Understand the causes, symptoms and management of post-natal depression and how you can assist in identifying patients with post-natal depression and their access to appropriate services.

### Breakout 1: Sterilisation for accreditation in gp

AGPAL will discuss sterilisation and what is required for accreditation against the RACGP Standards for GP 3rd edition. The session will explore what practices need to demonstrate for accreditation and how sterilisation is assessed. It will also highlight how you can easily access resources designed specifically to guide and support you through the accreditation process. *Visiomed*

### Breakout 2: The Importance of a Hearing Test for the over 50s

One in six Australians is affected by a hearing loss. A routine check-up should include a hearing screen to determine a hearing loss. Identifying the symptoms of age related hearing loss and interpretation of the audiogram results. *Hearinglife*

### Breakout 3: ECG interpretation

Learn what a ECG tells you by interpreting the results. Do you need to be concerned?

### Breakout 4: IT management

It is one thing to know what Medical Director is, and another to know how to use it! This session will provide technical tips on understanding the software, how to access it, and how to gain the maximum benefits from it. *Health Communication Network*

### Breakout 5: Spirometry

Learn the basics for performing spirometry and interpreting the results.

### Breakout 6: Management of chronic pain

Chronic Pain is extremely distressing for patients. Find out the latest techniques for managing chronic pain and what you can do.

## SATURDAY

### Stream A – Wound Management

**Acute wounds – tears, cuts, abrasions & minor burns** Learn about the management of the most common acute wounds presenting in gp.

**Chronic Wounds – venous leg ulcers and the diabetic foot...including trouble shooting the wound that won't heal** Learn about the

management of chronic wounds and venous leg ulcers and diabetic foot ulcers. *ConvaTec*

### Stream B – Mental Health

**Mental health first aid** Identification of acute mental health emergencies in general practice and how to assess and refer patients at risk.

### Helping patients with stress management

Practice nurses are confronted daily with patients experiencing high levels of stress. Learn some simple strategies for assisting patients to manage their stress.

### Stream C – Preventative Health

**Healthy eating** Provide practical advice to your patients on reading product labels, recipe modification and the benefits of healthy eating.

**Getting active** Increasing patients physical activity is becoming essential in the prevention and management of chronic diseases. Find out what the physical activity guidelines are and how to encourage patients to do appropriate physical activity.

### Breakout 1: Immunisation

The Gardasil Immunisation Program: Update, Uptake and Compliance *CSL*

### Breakout 2: Managing vomiting & diarrhoea in children

Assessing & preventing dehydration in children. *Hydralyte*

### Breakout 3: Understanding MBS

Navigating the Medicare Benefits Schedule is a challenge for most working in the Medicare funded primary care sector. Learn about the essential components of the MBS relevant to practice nursing, rebates and how to use the book to clarify what you can and cannot do.

### Breakout 4: Pathology interpretation

Update your knowledge on the most common pathology tests and learn how to interpret the results.

### Breakout 5: Legal issues & professional indemnity for practice nurses

Professional indemnity and legal issues are an area of uncertainty for practice nurses. Nurses face a range of legal issues in general practice such as documentation, duty of care, consent, and accepting medical orders. Understand the issues so you can decide if you need to take out your own cover.

### Breakout 6: APNA salary & conditions

This session will not only provide an update on the APNA salary & conditions survey, including current salaries & trends occurring in practice nursing, but will also present practical tips on how to approach your employer and the techniques to use in order to obtain a successful negotiation outcome.

## BREAKOUT SESSIONS & STREAMS

### FRIDAY

#### Stream A – Diabetes

**Setting up a diabetes clinic** Learn practical tips on how to set up a diabetes clinic in your practice.

**Diabetes management** Preventing pre-diabetes, type 2 diabetes and other metabolic disorders. Understand the role of lifestyle advice, diet, assessment and medication in diabetes management. *Lilly Diabetes*

#### Stream B – Practical

**Sports strapping** A hands on session covering approaches to strapping common sports injuries which present in the general practice setting.

**Plaster workshop** A popular hands on session on applying and removing plaster casts. Be prepared to roll up your sleeves!

#### Stream C – Family Health

**Men's reproductive health** Overview of the basic knowledge and core skills in the detection and management of a range of common disorders in the area of male reproductive health.

## How to Register...

To register to attend the 2008 Brisbane PNCE, please visit [www.pnce.com.au/pnce/brisbane](http://www.pnce.com.au/pnce/brisbane) and click on 'registration'.

Alternatively, please contact 02 9422 2941 to register over the phone or request a registration form.

Registration Fees	Member	Non-Member
1 Day	\$216	\$240
2 Day	\$400	\$444

Registration includes 5 sessions per day, morning tea, afternoon tea and lunch. PLEASE NOTE: AMEX and DINERS Payments will attract a 3% credit card fee.

ONLINE REGISTRATION CODE: A B C D E F G

**CANCELLATION POLICY** All cancellations or alterations must be notified in writing to the PNCE organisers. If the cancellation is received in writing prior to the 24th January 2008 a 50% cancellation fee will apply. If received after the 25th January 2008, regrettably there will be no refund.

BRISBANE PNCE PROGRAM IS ACCREDITED BY



## Getting to the Royal Brisbane & Women's Hospital...

### BY CAR

The Kings Carpark is located off Bowen Bridge Road and is the closest parking station to the Education Centre at Royal Brisbane Hospital.

### BY BUS

Bowen Bridge Road is a major bus route with frequent bus transport during the day. Bus stops are located outside the hospital on Bowen Bridge Road and Herston Road.

### BY TRAIN

The nearest railway stations are Brunswick Street Station in Fortitude Valley or Bowen Hills Station. Both stations are about 1km walk from the Royal Brisbane and Women's Hospital.

For public transport information, call the TransInfo Hotline phone number on 131230 or visit <http://www.transinfo.qld.gov.au>

## Accommodation

### BEST WESTERN GREGORY TERRACE BRISBANE ★★★★★

397 Gregory Terrace, Spring Hill  
Telephone: (07) 3832 1769 Fax: (07) 3832 2640

- All rooms with en-suites & coffee / tea facilities
- Mini bar/fridge / TV & (DVD player on request)
- Airconditioning / Telephone / Internet Access
- Restaurant facilities – Breakfast & Dinner seven days
- Parking on site / Undercover
- Shared Laundry Facilities
- 1km from Hospital

### CENTRAL BRUNSWICK APARTMENT – HOTEL ★★★★★

455 Brunswick Street, Fortitude Valley  
Telephone: (07) 3852 1411 Fax: (07) 3852 1015

- One bedroom airconditioned apartments
- Fully equipped kitchens with microwaves
- TV / iron / ironing board / hairdryer / internet access / telephone
- Room service / mini bars
- Security parking
- 3kms from Hospital

### SUMMIT APARTMENTS ★★★★★

Cnr Allenby & Leichhardt Streets, Spring Hill  
Telephone: (07) 3839 7000 Fax: (07) 3832 2821

- Airconditioned
- Ensuites
- Colour TV / telephone & internet access
- Kitchens
- Free undercover parking
- 2km from Hospital
- Pool / Spa / Sauna

## PNCE Social Event

Get together with your fellow nurses from across Queensland and enjoy a 3 course meal and the hit show 'Stage Door Unplugged', where you will be entertained by famous scenes from your favourite Broadway musicals.

### Friday, 22nd February

Doors open 6.15pm,  
Entrée served 6.30pm.

Twelfth Night Complex,  
4 Cintra Road, Bowen Hills

Cost: \$50 per person

(Includes 3 course meal and show. Beverages not included.)

