

Recognising Your Role Supporting Your Skills

Up to 12
hours of CPD
learning



Registration Brochure

Practice Nurse Clinical Education

12th & 13th March 2011

Royal Brisbane & Women's Hospital

www.pnce.com.au

Why Attend PNCE in 2011?



- > Earn over half your annual CPD/hours of learning under the new national registration requirements
- > Broaden your horizon by hearing about where practice nursing could take you at 'Primary Health Care Nursing' and 'The Development of a Transitional Role for a Nurse Practitioner'
- > Ask your questions on the future on the practice nurse role and the new government incentives
- > Grow your scope of practice by attending a nationally accredited course 'IV Cannulation' or 'Anaphylaxis Management'
- > Meet with over 200 practice nurses from across Queensland and hear about what they are doing in their practice!

"It's the perfect opportunity to discuss situations and have someone else who has already experienced it to give suggestions to help out."

Bev Forrest, Banksia Beach Medical Clinic



Dear Practice Nurse

It gives me great pleasure to invite you to attend the 2011 Brisbane PNCE Conference, 'Recognising Your Role, Supporting Your Skills'.

Reed Medical Education, in partnership with the APNA, stages annual PNCE conferences in Sydney, Melbourne, Brisbane, Perth, Adelaide and Townsville.

The vital role fulfilled by practice nurses within Australia's primary healthcare sector is gaining ever-increasing recognition. The Federal Government's introduction of new career pathways through the nurse practitioner role, the new incentives for GPs to appoint practice nurses and the increased access to the MBS and PBS are just three of the latest developments which offer support and opportunity to the practice nurse profession.

In turn, Reed Medical Education's 2011 Practice Nurse Clinical Education (PNCE) conferences will focus on the highly topical theme of 'Recognising Your Role, Supporting Your Skills'.

Practice Nurses attending the 2011 Brisbane PNCE will once again benefit from the opportunity to generate 12 CPD hours of learning and will have the opportunity to attend our Nationally Accredited Courses in IV Cannulation or Anaphylaxis Management. As in previous years, our high-quality conference program reflects the multi-faceted role of the practice nurse who sees patients with a wide range of clinical conditions – everything from immunisation and wound management to the ongoing prevention and management of chronic disease.

The conference program is designed to deliver clinically relevant, diverse and practical education and provide training on key topics and issues faced by primary care nurses today. Demand is certain to be high, so I urge you to register early to secure your chosen conference sessions. I look forward to seeing you in Brisbane.

Kind regards

John Gorton
Group Director
Reed Medical Education

APNA Welcome



The Australian Practice Nurses Association (APNA) is once again pleased to be involved in the Brisbane Practice Nurse Clinical Education (PNCE) Conference. APNA has worked in conjunction with many Practice Nurses and organisations to ensure that the 2011 Brisbane PNCE will provide you with the clinical updates and advancements that you need and will greatly assist in enhancing your professional development. In particular we would like to thank

the Program Planning Committee, who through their innovation and great ideas assisted us to put together this program, which includes many new sessions for your benefit. Don't miss 'Parenting the Newborn - common issues and challenges', 'Cardiovascular Disease Management' and 'Q&A: Future of PN role and New incentives for PN's'. We look forward to seeing you at the Brisbane PNCE.

Belinda Caldwell
CEO, Australian Practice Nurses Association

Conference Program

Saturday, 12th March

8.30am Registration

Session 1:

9.00 – 10.00am

Keynote: Future of PN Role & New Incentives (Q&A)

Session 2:

10.00 – 11.00am

The Theory of Ear Syringing **OR**
Chronic Kidney Disease & Diabetes **OR**
Practical: Doppler & ABI

Session 3:

11.30 – 1.00pm

Parenting the Newborn – common issues **OR**
Healthy Bones **OR**
Practical: Suturing **OR**
IV Cannulation (11.30 - 1.30pm)

Session 4:

2.00 – 3.00pm

Cardiovascular Disease Management **OR**
Innovations in Cancer Screening **OR**
Practical: Plastering

Session 5:

3.20 – 4.20pm

ECG Interpretation **OR**
4 Year Old Healthy Kids Check **OR**
Practical: Leg Ulcer Assessment & Management **OR**
Anaphylaxis Management (3.15 - 5.15pm)

Session 6:

4.30 – 5.00pm

Keynote: Intradermal Micro-Injection Delivery of Influenza Vaccine

Sunday, 13th March

8.30am Registration

Session 7:

9.00 – 10.00am

Keynote: Primary Health Care Nursing **OR**
IV Cannulation (9.00 - 11.00am)

Session 8:

10.00 – 11.00am

GP Management Plans & TCAs **OR**
Hydration in Aged Care & Infants **OR**
The COPD Patient in the Community

Session 9:

11.30 – 12.30pm

Triage **OR**
Travel Health **OR**
Introducing the RACGP Standards for GP (4th Edition)

Session 10:

1.30 – 2.30pm

Patients Taking Control – Facilitating Warfarin & INR self-management **OR**
The Development of a Transitional Role for a NP Candidate **OR**
Practical: Administering ID Flu Vaccines **OR**
Anaphylaxis Management (1.30 - 3.30pm)

Session 11:

2.30 – 3.30pm

Mental Health First Aid **OR**
Sexual Health **OR**
Practical: Administering ID Flu Vaccines

Session 12:

3.45 – 4.45pm

Keynote: Setting up Nurse Led Clinics – an open forum

Session Synopses

Saturday 12th March

Q&A: Future of the PN Role and New Incentives for PNs

Your chance to have your questions answered about where APNA sees the role of Practice Nurses going, what the new PN incentive funding is going to look like and what impact it will have on your own role. Submit your questions before the conference.

APNA

The Theory of Ear Syringing

Learn what you need to know when performing this procedure, what are the common pitfalls and how to best try and avoid them. This session will run you through the theory of ear syringing.

Chronic Kidney Disease & Diabetes for the Practice Nurse

Diabetes is one of the major risk factors for CKD with recent evidence suggesting diabetes is the underlying cause of CKD in over 30% of cases. This presentation will investigate the relationship between CKD and diabetes and the role of the PN in managing diabetes in the context of CKD.

Kidney Health Australia

Practical: Performing Doppler & ABI Assessments

As a growing role for PNs, this session will enable you to find out more about how to perform Doppler assessments & attain ankle brachial indices (ABI's).

Parenting the Newborn - common issues and challenges

This session will update you on various issues and challenges your patients may face with new babies. It will provide information on responsive sleep and settling, breastfeeding, and maternal and childhood issues.

Healthy Bones

Learn some practical dietary and lifestyle tips that you can give your patients to avoid osteoporosis. The simple tips provided will also lower the risk of many lifestyle diseases, especially as we realise that Vitamin D, calcium, sodium and bio-active compounds in food have wider health effects.

Australian Mushroom Growers Association

✓ Practical: Suturing

An introduction to the removal of sutures, whilst outlining & demonstrating the current trends in wound closure. This is a practical session in setting up, assisting & performing suturing.

DYNEK

Cardiovascular Disease Management

Nurses can play a key role in the primary management of patients with cardiovascular disease. Learn what the diagnostic levels are and how you can help manage treatment goals and lifestyle modifications for your patients.

Innovations in Cancer Screening

Hear about the latest innovations in cancer screening. Information relevant to your practice will be presented from the QLD Bowel Cancer Screening Program, the BreastScreen QLD Program and the QLD Cervical Screening Program. Contemporary information on skin cancer screening will also be addressed.

Cancer Screening Services, QLD Health

Practical: Plastering

An update on the types of materials used in plaster casting. You will also have the opportunity to view a practical demonstration of the most suitable techniques in casting.

ECG Interpretation - Tips & Pitfalls

This session will provide an examination of the varying facets of ECG interpretation & the implications & clinical significance of these findings. Examples will be presented.

The 4 year-old Healthy Kids Check

This session will provide essential information you will need to know to take part in the activity. You will learn about different aspects of the health assessment including general health, visual screening and development.

Leg Ulcer Assessment & Management

This session is designed to provide an overview of the clinical parameters related to the assessment and management of leg ulcers.

Smith & Nephew

Patient Acceptability of Intradermal Micro-Injection System Delivery Of the Influenza Vaccine

A new intradermal (ID) influenza vaccine, delivered via micro-injection system (Intanza®), was launched in 2010. Vaccine coverage in the healthy adult population is low (19%). High patient acceptability may improve vaccine coverage. Healthy adults (n=1402) presenting for their 2010 flu vaccination were surveyed, in addition to the Healthcare professionals (n=30) responsible for administering the vaccine. Both Patients and Immunisers recorded high satisfaction, with the majority preferring the new micro-injection system over the intramuscular vaccine. Conclusion: In considering both patient and practitioner experience and opinion, study outcomes confirm high acceptability of intradermal vaccine delivery.

Sanofi Pasteur

Sunday 13th March

Primary Health Care Nursing

Practice Nursing is a very important part of Primary Health Care Nursing which has a long history both in Australia and overseas. This session will give you insight into the ideas and principles of Primary Health Care Nursing.

GP Management Plans & Team Care Arrangements

Learn about the practice nurse role in GP Management Plans and Team Care Arrangements, which provide a structured framework for GPs & PNs to undertake assessment and management of patients with chronic conditions. Also hear about potential roles for PNs in managing chronic diseases between plans.

Hydration in Aged Care & Infants

Dehydration may not always be evident & can be overlooked whilst dealing with the causative agents. For these reasons, young children & the elderly are more at risk of involuntary dehydration. Hydration Pharmaceuticals nurse educator will help you implement simple procedures to assist your patients with this condition.

Hydralyte

The COPD Patient in the Community

Learn how the PN can facilitate care for the COPD patient, plus a skills check including delivery devices and spirometry.

Australian Lung Foundation

Triage

This session will assess principles of effective triage. Learn how to take a team approach to the identification and management of prioritising the medical needs of patients.

Travel Health

Travel health requires a broad range of knowledge by nurses in general practice, and is a vital aspect of safe and healthy travel for patients of all ages and backgrounds.

✓ Introducing the RACGP Standards for General Practice (4th edition)

RACGP standards for general practices provide a template for quality care and risk management in contemporary general practices. Come and hear what is new in the latest edition and how it can help you improve what you do.

RACGP

Patients Taking Control - Facilitating Warfarin and INR self management

The Warfarin S.M.A.R.T Trial was designed to determine whether patients self managing Warfarin, could keep the INR in target range at least as often as patients managed by GP/Clinic care. Evaluations of the education process, patient satisfaction and Quality of Life were used to assess the impact that self management of Warfarin could have on the warfarinised patient.

Roche Diagnostics

✓ The Development of a Transitional Role for a Nurse Practitioner Candidate

A transitional role has been developed within the practice setting, that will support Nurse Practitioners clinically, educationally and professionally, consequently enabling a smooth

transition to NP (GPN). This session will run through how to overcome some of the barriers and what conceptual frameworks are needed.

Practical: Administering ID Flu Vaccines

A presentation on safety and technique of influenza vaccines. Information concerning patient selection, patient consent, vaccine administration and disposal. All nurses attending will gain hands-on experience giving the ID flu vaccine. A free flu vaccination will be given to all interested nurses.

Sanofi Pasteur

Mental Health First Aid

Recognising the signs of mental illness is vital to the wellbeing of all patients. The effective management and treatment of patients with or at risk of mental health emergencies is a key role for PNs. This session will discuss how to recognise and implement suitable referral pathways for mental illness.

Sexual Health

This session will examine how Practice Nurses can contribute to sexual health in the general practice setting. Learn about all the different aspects of sexual health and how to educate your patients.

✓ Setting up nurse led clinics: an open forum

This session will provide a forum for PNs to exchange ideas, suggestions and feedback from their experience with clinics. If you have any ideas on planning, implementation and evaluation you would like to share or are looking for ideas on how to setup a clinic, this session is for you.

✓ Nationally Accredited Certificate Courses



IV Cannulation

Designed to provide participants with the required knowledge and skills to safely perform a peripheral intravenous cannulation in a clinical setting. Involves a simulated assessment during the course.

Management of Anaphylaxis

Involves monitoring and recognition of symptoms, communication, critical incident leadership and management and ongoing first aid maintenance until the arrival of ambulance paramedics or medical staff.

*These courses incur a \$70 additional fee each

✓ sessions for the 'experienced PN'

"A once a year conference not to be missed. A great time to gain updates and refresh knowledge and skills, rekindle and make new friends."

Deidre Ashby, Trinity Clinic, Caloundra

How to register

To register to attend the 2011 Brisbane PNCE please visit www.pnce.com.au/brisbane and click on 'registration'.

Alternatively, please contact **02 9422 2941** to register over the phone or request a registration form.

Registration fees

Register before 17th December to take advantage of our **early bird rates!**

	APNA Member	Non-Member
1 Day	\$280	\$310
2 Day	\$450	\$499
Early Bird (2 Day only)	\$420	\$450
IV Cannulation or Anaphylaxis Management – additional \$70 fee applies		

Registration includes 6 sessions per day, morning tea, afternoon tea and lunch.
Please note – credit card payments will attract a 3% credit card fee.

ONLINE REGISTRATION CODE: W E B

Cancellation Policy: All cancellations must be notified in writing to the PNCE organisers. If the cancellation is received in writing prior to the 11th February, 2011 a 50% cancellation fee will apply. If received after the 11th February, 2011, regrettably there will be no refund.

Getting to the Royal Brisbane & Women's Hospital

By Car

The Kings car park is located off Bowen Bridge Road and is the closest parking station to the Education Centre at Royal Brisbane Hospital.

By Bus

Bowen Bridge Road is a major bus route with frequent bus transport during the day. Bus stops are located outside the hospital on Bowen Bridge Road and Herston Road.

By Train

The nearest railway stations are Brunswick Street Station in Fortitude Valley or Bowen Hills Station. Both stations are about 1km walk from the Royal Brisbane and Women's Hospital.

For public transport information, call the TransInfo Hotline phone number on 131230 or visit <http://www.transinfo.qld.gov.au>

Accommodation Options

Best Western Gregory

Terrace Brisbane ★★★★★

397 Gregory Terrace, Spring Hill

Telephone: (07) 3832 1769

Fax: (07) 3832 2640

- > All rooms with en-suites & coffee/tea facilities
- > Mini bar/fridge/TV & VCR on request/ Airconditioning / Telephone/ Internet Access.
- > Restaurant facilities – Breakfast & Dinner seven days.
- > Parking on site/ Undercover
- > Shared Laundry Facilities.
- > 1km from Hospital

Central Brunswick

Apartment – Hotel ★★★★★

455 Brunswick Street, Fortitude Valley

Telephone: (07) 3852 1411

Fax: (07) 3852 1015

- > One bedroom air-conditioned apartments
- > Fully equipped kitchens with microwaves
- > TV, iron, ironing board, hairdryer, internet access, telephone.
- > Room service, mini bars
- > Security parking
- > 3 kms from Hospital

Summit Apartments ★★★★★

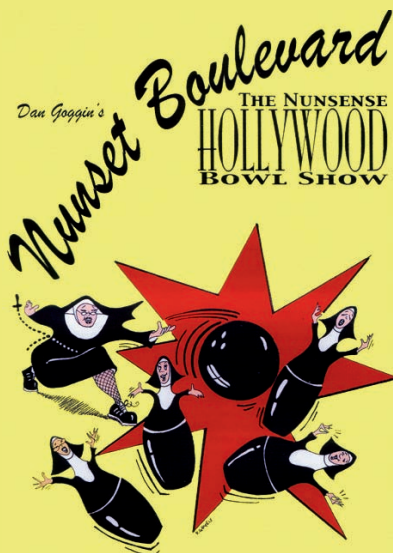
Cnr Allenby & Leichhardt Streets, City

Telephone: (07) 3839 7000

Fax: (07) 3832 2821

- > Air conditioned
- > Ensuites
- > Colour TV/ telephone & internet access.
- > Kitchens
- > No extra charge per person
- > Free undercover parking
- > 2km from Hospital

PNCE Social Event – 'Nunset Boulevard'



Get together with your fellow practice nurses and enjoy a 3 course meal and the hit show 'Nunset Boulevard'.

Saturday 12th March,
doors open 6.15,
entrée served at 6.30pm.

Stage Door Theatre,
Twelfth Night Complex
4 Cintra Rd, Bowen Hills

Cost: \$61 per person (includes 3
course meal and show.
Beverages not included)

"Talk about a happy habit. The "nuns" have done it again.
Sinfully funny laughs for the entire two hours."

NBC Television News

"Coming to the PNCE makes me feel like I am stepping out of my own little world,
learning about what everyone else is doing, so that I go back feeling a part of
something much bigger and important."

Julie Fill, Goombungee Family Practice